



GENDER NEUTRAL PRONOUN USAGE & CULTURAL AWARENESS



Muhlenberg College

Prevention
Education

HELLO!

I'm Jules!

They/them pronouns

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WHY DISCUSS GENDER & SEXUALITY?

- When young people are affirmed in the gender and sexuality, suicide rates are greatly reduced! [1]
- Having an “askable adult” can be a major lifeline for young people who have no or a tenuous connection to familial support.[2]
- 35-56% of Generation Z (age 16-22) surveyed say they know someone who uses gender neutral pronouns (e.g. they/them). [3]
- 34-48% Generation Z (13-20) surveyed identify as something other than exclusively heterosexual/straight. [4][5]

1. source: [https://www.jahonline.org/article/S1054-139X\(18\)30085-5/fulltext#intraref0010a](https://www.jahonline.org/article/S1054-139X(18)30085-5/fulltext#intraref0010a)

2. source: <https://www.advocatesforyouth.org/resources/health-information/are-you-an-askable-parent/>

3. source: <https://www.pewsocialtrends.org/2019/01/17/generation-z-looks-a-lot-like-millennials-on-key-social-and-political-issues/>

4. source: https://www.ipsos.com/sites/default/files/2018-08/ipsos_-_beyond_binary_-_the_lives_and_choices_of_gen_z.pdf

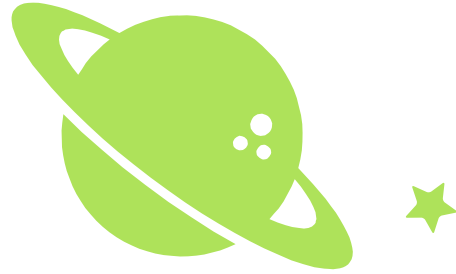
5. source: <https://intelligence.wundermanthompson.com/the-innovation-group/>

COMMON MYTHS ABOUT NON-BINARY PEOPLE:

- Non-binary people are just confused about who they are.
- All trans and non-binary people want to take hormones and have surgery.
- Non-binary people all eventually pick one gender or the other.
- Non-binary people are all young.
- Non-binary people all want to look androgynous.
- Non-binary people go by really confusing pronouns!



WHAT DO PRONOUNS DO
IN A SENTENCE?



WHAT ARE SOME EXAMPLES
OF PRONOUNS YOU HAVE
HEARD OF?



Gender Neutral Pronouns
Mad Libs!

Subjective	Objective	Possessive adjective	Possessive pronoun	Reflexive	Pronunciation
She	Her	Her	Hers	Herself	pronounced as it looks
He	Him	His	His	Himself	pronounced as it looks
Ze	Zim	Zir	Zirs	Zirself	pronounced as it looks
Sie/Zie	Hir	Hir	Hirs	Hirself	pronounced: zee, here, here, heres, hereself
Zie	Zir	Zir	Zirs	Zirself	pronounced: zee, zere, zere, zeres, zereself
Ey	Em	Eir	Eirs	Eirself	pronounced: A, M, ear, ears, earself
Per	Per	Pers	Pers	Persself	pronounced as it looks
They	Them	Their	Theirs	Themself	pronounced as it looks
Xe	Xem	Xyr	Xyrs	Xyrself	pronounced zee, zem, zere, zeres, zerself
Yo	Yo	Yo's	Yo's	Yoself	pronounced as it looks

RESOURCES:

- Asexual Visibility & Education Network
<http://www.asexuality.org/>
- Intersex Society of North America
[http://www.isna.org/faq/what is intersex](http://www.isna.org/faq/what_is_intersex)
- Lambda Legal - Working with Transgender Youth
https://www.lambdalegal.org/sites/default/files/gdtb_2013_09_transgender_youthr.pdf
- PFLAG NYC - Tips for Professionals Who Work with LGBT Youth
<http://www.pflagnyc.org/safeschools/tips>
- Rad Remedy (for LGBTQIA-friendly Dr's and service providers)
<https://radremedy.org/>
- Trans Student Educational Resources - Queer Youth of Color
<http://www.transstudent.org/queeryouthofcolor>
- United We Dream - Queer Undocumented Immigrant Project
<https://unitedwedream.org/about/projects/quip>